

Title	My favorite books
Sub Title	
Author	
Publisher	Faculty of Science and Technology, Keio University
Publication year	2024
Jtitle	New Kyurizukai No.41 (2024. 10) ,p.7- 7
JaLC DOI	
Abstract	
Notes	The science of electrodes from Keio's Faculty of Science and Technology : crafting a sustainable society through electrochemistry Takashi Yamamoto : associate professor Department of Chemistry
Genre	Article
URL	https://koara.lib.keio.ac.jp/xoonips/modules/xoonips/detail.php?koara_id=KO50001003-00000041-0007

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私の 本棚

My favorite books



● Yūki Denki Kagaku: Kiso kara ōyō made (edited by Toshio Fuchigami, co-authored by Mahito Atobe & Shinsuke Inagi, Corona Publishing)

This is a textbook for what I am currently working on for my research, electrochemistry and electrochemical synthesis. I even took it abroad when I did my short-term study abroad program in Mainz. Because I have reread this book so many times and lent it out to students who were interested in these topics, the one in the picture is my third copy. An English version of this textbook also exists called *Fundamentals and Applications of Organic Electrochemistry*, which allows me to compare the vocabulary and expressions with the Japanese text.

● "B'z LIVE-GYM Pleasure 2008 -GLORY DAYS-" (DVD, Vermillion Records)

I have been a huge fan of B'z for more than 30 years, ever since I was in junior high school. I have attended their live performances every single year for the last 25 years (including individual performances for Koshi Inaba and Tak Matsumoto when they took time off for their solo careers). Many of their concerts are unforgettable experiences for me, but if I had to choose a favorite, this is the easy winner. Whenever I am feeling physically or emotionally exhausted, I listen (and remember) what the band said before their second encore piece, "RUN," in order to give me the motivation to keep going. When I heard this live originally back on September 21, 2008, in the Nissan Stadium, I shed quite a few tears.

● Shikou no Houhougaku (Osamu Kurita, Kodansha)

This book on critical thinking breaks down ideas so that they're extremely easy to grasp, teaching you to "look at the world using logic" and to "make an action plan when addressing problems." The model of analysis that this book presents works well for planning, implementing, and reviewing research, but it can also be applied to accomplish basic goals in one's daily life. I am sure that many high schoolers could benefit from applying a methodological approach to their thinking patterns when setting goals (such as getting good grades on tests or developing their skills during extracurricular activities). I have had the chance to work with the author, Professor Osamu Kurita (Department of Industrial and Systems Engineering, Faculty of Science and Technology, Keio University), on several occasions when we were on the same committee within the faculty. The depth of his insights during those times always impressed me, and reading this book helped me understand his thought process.

● Words of Advice for Young Business People (Tsuneo Sasaki, Wave Publishing)

This is a book my father introduced to me as I was getting ready to take on my position in the world of education and research as an assistant professor. According to the author, he had worked to compile the "essence" of working and living happily based on his personal experiences for people in their twenties and thirties. It's a book I often recommend to my students while they're still in school. I pick it up every time my own position (job title) changes, and I am impressed that I always manage to discover new things on every reread. The author wrote another excellent book titled *Look at you! You're the Boss Now*. If you're interested, definitely give that a read, too.