

Title	ON hours, OFF hours
Sub Title	
Author	
Publisher	Faculty of Science and Technology, Keio University
Publication year	2017
Jtitle	New Kyurizukai No.26 (2017. 11) ,p.6- 6
JaLC DOI	
Abstract	
Notes	
Genre	Article
URL	https://koara.lib.keio.ac.jp/xoonips/modules/xoonips/detail.php?koara_id=KO50001003-00000026-0006

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Yukiko Sugiyama's **ON** and **OFF**

Both in ON or OFF hours,
I'm always amid cheerful voices.



"My Voice"

I'm helping with the workshop called "My Voice" organized by Prof. Shigeto Kawahara of the Institute of Cultural and Linguistic Studies. "My Voice" is free software designed to read text using the sampled voice of your own. This software allows you to use your own voice to communicate with your family members even if you have become unable to speak due to a disease such as amyotrophic lateral sclerosis (ALS). <http://heartyladder.net/xoops/>

Craft making

I enjoy making things by hand, items like *kanoko shibori* (tie-dyed cloth), *chinkin* (gold-inlaid laquerware), a basket, nanoblocks, and etc. But recently I've been avoiding this hobby partly because I don't have enough room to put all these things and I try not to abuse my eyes as much as I can.



Cross-country skiing

In the past three years, I visited Kijimadaira Village in Nagano Prefecture to learn cross-country skiing. But in reality, it's more like just playing in the snow rather than seriously learning it. As such, my skill hasn't improved as expected. I can enjoy the superb silver-white world on fine days.



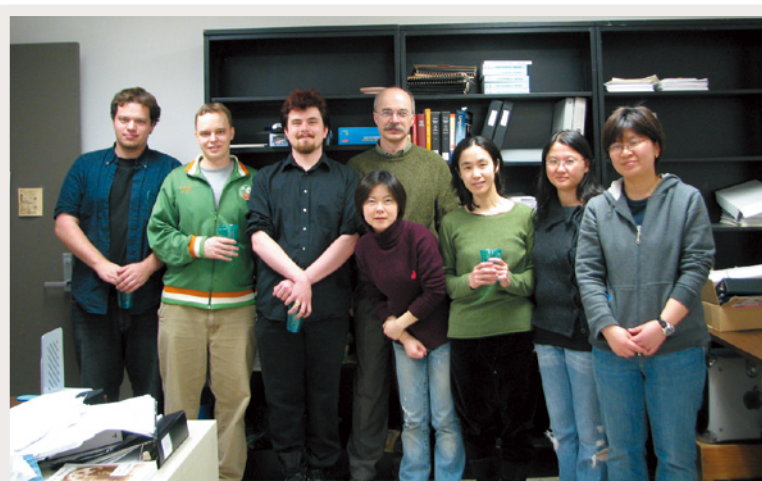
Global Leadership Seminar (GLS)

In our Global Leadership Seminar, we go on a field trip during summer and spring holidays. In spring, we visit Tamkang University in Taiwan. Groups of five to six students (Taiwanese and Japanese mixed) make presentations on a given theme. Even after the session, some students stay in contact and visit each other.



Mt. Yarigatake

This photo was taken when I climbed Mt. Yarigatake during the Golden Week holidays in May this year. I put on crampons and climbed up the steep slopes provided with chains and ladders, while stabbing an ice ax into the frozen snow to maintain balance. I found a surprising amount of snow remaining near the summit when I got there. Shown in photo is the Yarigatake cottage area as viewed from near the summit. Despite my fear of heights, I found myself on the summit before I knew it.



Buffalo

Taken in Buffalo, this photo shows me posing together with my advisor Prof. Jim Sawusch and several students who worked with him at the time. I was a student in the Linguistics Department and Prof. Sawusch belonged to the Psychology Department. Although it is unusual for a professor from a different department to be a primary advisor for a dissertation, I asked him to be so because he was a specialist in speech perception.



Utsukushigahara Trail Running Race

This photo was taken in 2015 when I ran a trail running race in Utsukushigahara together with my friends. We live in different places and have different jobs, but we became acquainted through running. Not only do we enjoy the race itself, but we also have fun spending time together.