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# Dr. Hotta has a sweet tooth and putters around by bike

"I think puttering around by bike is a wonderful hobby in which exercise as a remedy for metabolic syndrome and hunting for sweets can coexist without problem. I completely lack a sense of direction, so it is often the case that I wander off into unknown or unplanned places. But this is great fun because unexpected discoveries and interesting townscapes await me along the way."

## 1 Atsugi Airfield

My initial plan was to head for the Sakai River Cycling Road, but before I knew it I found myself standing in front of an unfamiliar airfield.



## 9 Chateraise (sweets shop)

This sweets shop happened to come into sight. Naturally, I didn't hesitate to enter the shop and enjoyed a cream puff and a bean-jam cake to reenergize before going back home.



## 2 Mekujiri River Cycling Road

I ran and ran along the Mekujiri River Cycling Road, mistaking it for the Sakai River Cycling Road.

## 4 Sakai River Anti-flood Pond Park

After reaching the intended route, I took a brief break. It's only a short distance from here to the place where I can treat myself to delicious gelato.

## 3 8 Interesting buildings

It is exciting to encounter unexpected discoveries as I go along. But on this day I finally knew that I had wandered largely off the planned route when I noticed the road sign indicating "Samukawa city."



## 5 Iida Ranch

The big ice-cream cone I got at the Iida Ranch was really delicious! Arriving at the ranch, I'm halfway through the planned route of this tour.



The total distance covered: 95km!!

## 6 Kugenuma Coast

Arriving at my destination, I posed for a commemorative photo. The Enoshima Island can be seen in the background.



## 7 Shirahata Shrine

I paid a brief visit to this shrine to pray for a safe trip back.

