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A day of Akiko Takeda

December 1, 2009

8:00 ~

I make it a rule to take at least 8 hours of sleep daily because insufficient sleep makes me drowsy all day and unable to do anything properly. Even so, it's hard to wake up and rise from bed whereas my husband is already up and preparing breakfast.

10:00 ~

Arrive at the campus, and check incoming e-mails.

For the past two months, discussions via e-mail are going on with the Externally Funded Project's member scientists (scientists specializing in "pure" mathematics). Exchange of e-mails regarding this project has exceeded 300. As the project title is "Search for Breakthrough by Mathematics," each one of our project members aims high to make our work a true breakthrough. As a specialist in "applied" mathematics, topics taken up in the project are often very difficult. Despite such difficulties, I'm participating in discussions via e-mail while working hard daily to catch up.

11:45 ~ 12:45

Had lunch together with my fellow instructors – a time for me to become relaxed.

12:45 ~ 14:45

I'm now in the process of writing a joint thesis with my husband. To do the numerical experiment over again, I rewrote the program by changing parameters for the mathematical model and operated the program on the PC.

14:45 ~ 16:30

Robust optimization is a research theme I'm now carrying forward with great interest. As such, I'm discussing with students hoping to make use of it for the purpose of "community creation based on recyclable energy." I entered the discussion results in the mathematical model. Pertinent data are coming in. We all look forward to this research project.

16:30 ~ 19:00

I was asked to make a presentation on the research



theme of my master's thesis because it is said to be a focus of attention these days. But the problem is that I myself don't remember exactly what I verified because it's a matter of more than ten years ago. Saying to myself in anguish, "I don't understand what I did", I read my own old thesis again and prepared the material for presentation.

19:00 ~ 21:00

I met my husband after setting our meeting time at our local train station and went home together after doing some shopping. We began preparing dinner together. Not only does my husband help me in cooking (I'm not good at preparing), he even prepares our meal when I come home late. I'm thankful to my dear husband! We ate dinner while watching an American TV drama "NUMB3RS."

21:00 ~ 23:00

I discussed and confirmed with my husband the numerical experiment and verification of a theorem we conducted today, and talked about plans for tomorrow.

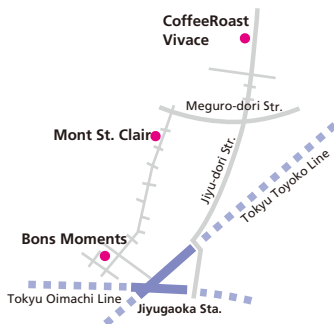
23:00 ~ 23:45

Prepared to go to bed after taking a bath. The moment I slipped into bed, I was taken to the world of dreams . . . In my dream, I could verify the theorem in question. (← It's a joke! Just kidding! I'm not that clever.)

Strolling around the Jiyugaoka district

~ Confectioneries recommended by Ms. Takeda ~

Although there are too many of my favorite confectioneries and other shops to be written in this limited space, let me introduce only three of them as a special for this issue!



The first shop!

Bons Moments

This shop features freshly baked handmade pies. On holidays, I usually drop in at this shop to buy meat pies, which I take home, warm them in a microwave oven and enjoy with hot coffee. The pies are very delicious with their ginger flavor! Walnut pies are also my favorite.

Hours: 11:00 ~ - 19:00
 Closed: Mondays and the 3rd Tuesday
 A&D House 102, 2-15-10, Jiyugaoka,
 Meguro-ku, Tokyo 152-0035
 Tel: 03-6459-5315



These shops also recommend

● Mont St. Clair

This confectionery shop is very famous in the Jiyugaoka district. It bears a Southern France image atmosphere and the shop boasts an array of over 150 items of cakes, baked sweets and chocolate. Sweets from regional areas and freshly baked bread are also some of its attractive items.

TEL : 03-3718-5200

● CoffeeRoast Vivace

This shop specializes in coffee beans targeting true coffee lovers. The shop-owner and his wife's rich knowledge of coffee are so fantastic that coffee beans recommended here never disappoint the customers. Even if you don't like coffee very much, you may be able to find a favorite coffee of your own here.

TEL : 03-3723-3954

Ginger apple pie (¥450)
 Seasonal item available only up to the end of March

